

BOOMERS: REINVENTING RETIREMENT WORKSHOPS

Take charge of your transition from full time employment!

How will you spend your time & energy when you leave full time employment?

Are there things you want to incorporate into your life that have been on the “back burner” for years?

How do you want to spend your *2080 hours?
*typical work year for average employee.

Have you put off thinking about this?
Act now and find ways to transition to your new life style.

Come join the discussion!
Attend all or any of these three discussions.
No charge. No registration.

February 15th, Saturday 10am - 11:15am

Waterville Public Library, 73 Elm Street, Waterville, ME 04901

*Show Jane Fonda Ted Talk about “3rd Act”

- Why “retirement” is not the correct word.
- What is this 3rd Quarter of Life?
- How do you reinvent yourself?

March 15th, Saturday 10am - 11:15am

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- What are the strengths / skills you would like to use in the 3rd quarter of life?
- How might these be different than the ones you use in your work?

April 19th, Saturday 10am - 11:15am

Waterville Public Library, 73 Elm Street, Waterville, ME 04901

- How do your values fit into “life after full time work”?
- What are your top 5 areas you want to focus on during this time?



Facilitator: Jim Peacock, owner of Peak-Careers Consulting

Over 25 years of experience coaching / advising
Certified Global Career Development Facilitator (GCDF)

Jim is an action oriented, creative motivator, who believes in the power of serendipity and creating your own luck.

Contact Jim if you have questions.

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